



Disco'sit

SHORT DESCRIPTION

The Disco'sit is a vinyl cushion which allows an optimal sitting posture and allows movement while sitting. This tool helps with attention and receptiveness to tasks.

It can be used on a chair or on the floor, standing or kneeling, depending on the abilities to work on. When adjusting the air pressure for the desired effect, the Disco'sit allows the child or adult to sit and move.

HOW TO USE IN EVERYDAY LIFE

The Disco'sit is used different ways, according to the air pressure desired:

When less inflated, so it remains soft, the Disco'sit is placed on a chair allowing child or adult to sit, while adopting an optimal posture and being able to move.

The Disco'sit can be placed on the floor, encouraging attention and receptiveness of children during talks.

When the Disco'sit is more inflated and more hard, it can be used standing or kneeling to improve balance and posture control. It helps develop postural adjustments necessary for a good posture.

Other advantages of the tool:

It is available in red or blue according to the size, junior or regular.

Who is it for?

The Disco'sit is a tool designed for children, teenagers and adults. Its pleasant texture affords a better body awareness and answers certain sensory needs.

It activates trunk muscles to improve the seating posture. The Disco'sit also allows light bouncing and/or move to answer sensory needs, while encouraging attention.

PRECAUTION

While the cushion makes the seating posture unstable, it may lead to muscular fatigue in particular for children having difficulties with muscular tone or posture control. It is therefore recommended to use this cushion during short periods of time, such as 10-20 minutes maximum.

Please take note that the use of this cushion is less recommended during precision tasks (such as writing and colouring) with young children, considering the added difficulties related to the posture.