

# The manimo effect!

manimo - the weighted companion with numerous, scientifically proven benefits.



## ZOOM on scientific tests

fdmt appointed a specialized firm to perform a biometric and behavioral study. This study allowed us to measure the emotional and cognitive effects of **manimo** on children, adults and seniors. (DFSAs and RE-AK Technologies, 2020)



## ACTIVE RELAXATION

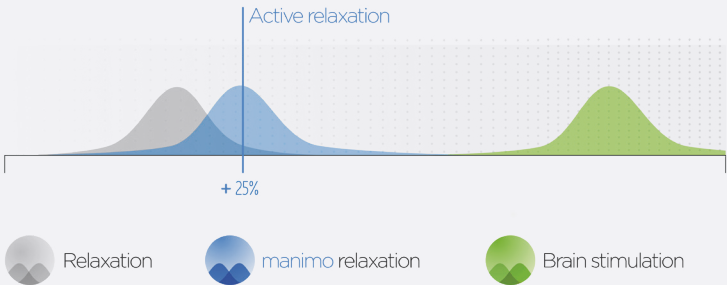
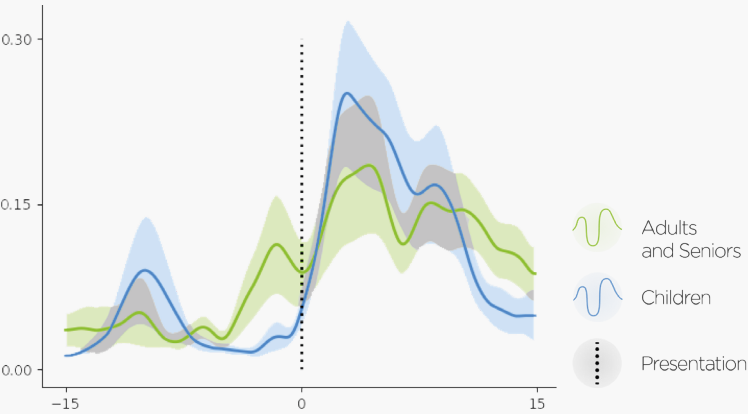
The effect of **manimo** is active relaxation. This provides a calming effect on the body and mind, relieves stress and anxiety to promote attention and concentration.



**+31%**  
activity for passive individuals  
**-24%**  
activity for active individuals  
**+21%**  
ability to manage stress and anxiety

## THERE IS JOY

manimo produces feelings of joy:



The number of electrodermal conductivity occurrences (SCRs), a measure of the level of activation of the nervous system, was 25% higher than without **manimo** during relaxation. This explains why 40 users of **manimo** report better proprioception. (September 2020).

 **+87,5%**  
intend to purchase



## MANIMO SECRET

Based on the scientific approach of deep tactile pressure stimulation, **manimo** is a proprioception tool (perception of the body).

Thanks to its weight, which reduces motor agitation, **manimo** acts at the neurological level and increases the secretion of serotonin in the body (the happiness hormone) and melatonin (sleep hormone), while decreasing levels of cortisol (stress hormone, anxiety). The heart rate slows down and blood pressure drops, creating a soothing effect conducive to relaxation.

## WHO IS IT FOR?

Everyone can benefit from **manimo**!  
From 3 years old, with or without specific needs.

